



**WHEN OUTSIDE: PLEASE NOTE YOUR TABLE NUMBER ON THE PLANT POT  
BEFORE ORDERING FOOD.**

**Ciabatta sandwiches**

**Mon - Sat 12 - 2:30pm only**

*All served with skinny fries & garnish*

**Homemade houmous & roasted peppers (Vg) £9.50**

**Coastal cheddar, pickle & rocket (v) £9.50**

**Prawns, Marie Rose sauce & baby gem lettuce £10**

**Tuna crunch, with celery & red onion £10**

**Roast beef & horseradish crème fraiche £10**

**BLT, smoked bacon, lettuce, tomato & mayonnaise £10**

**Small plates & Mediterranean Tapas selection**

*All tapas dishes are served with grilled pitta bread*

- **Nocellara olives (Vg) £4.75**
- **Kalamata olives (Vg) £4.75**
- **Mixed olives (Vg) £4.75**
- **King prawn cocktail £8**
- **Tzatziki – yoghurt, garlic & cucumber dip (v) £5.50**
- **Homemade houmous (Vg) £6.75**
- **Taramasalata - cod roe dip £5.75**
- **Greek Salad (v) £6.75**
- **Tricolore salad - tomato, basil & mozzarella balls (v) £6.75**
- **Beetroot, yoghurt & walnut salad (v) £6**
- **Cous Cous Mediterranean (Vg) £4.75**
- **Green salad (Vg) £5.25**
- **Panko breaded fresh calamari £9.50**
- **Pan seared prawns, chilli, garlic & chorizo £9**
- **Anchovies marinated £6.75**
- **Chicken souvlaki – marinated chicken skewers £9.75**
- **Chicken in lemon, oregano & smoked paprika £9.50**
- **Chilli beef meatballs, cherry tomatoes £9**
- **Lamb Kofta, tzatziki £8.50**
- **Spiced lamb tagine, toasted almonds £9**
- **Saucisson, cornichon & capers £7.50**
- **Chorizo, red wine & rosemary £8**
- **Charcuterie, cured meats & pickles £9**
- **Buttered button mushrooms lemon & garlic (v) £6.50**
- **Beef tomato & fennel infused salami carpaccio £6.50**
- **Grilled Padron peppers (v) £6.50**
- **Artichokes & roasted red peppers (Vg) £6.50**
- **Sun blushed tomatoes, olives, feta & anchovies £6.50**
- **Sweet & crispy mange tout (Vg) £4.50**
- **Home smoked Manchego cheese wrapped in Serrano ham £8.50**
- **Patatas bravas (Vg) £5.50**
- **Homemade mini loaf, with sun blushed tomato, olive & rosemary (Vg) £2.75**
- **Paprika fries (Vg) (GF) £4**
- **Skinny fries (Vg) (GF) £4**
- **Chips (v) (GF) £4**
- **Cheesy chips (v) (GF) £5**
- **Garlic ciabatta (v) £5**
- **Garlic ciabatta & cheese (v) £5.50**
- **Extra bread – Greek pitta / ciabatta (Vg) £2.75**

*Our food is cooked to order with fresh ingredients, please be patient at busy times*

*Please inform us of any allergies*

*V: Vegetarian / Vg: Vegan / VgO: Vegan option available / GF: Gluten free / GFO: Gluten free option available*

## Mains

### **PIE TUESDAY SPECIAL:**

**Steak & mushroom;**

**Chicken & bacon OR**

**Cheesy leek & mushroom wellington (v)**

All homemade shortcrust pastry pies, served with seasonal vegetables, creamy mash & gravy £14

**Portobello mushroom topped with goats cheese**, tomato & tarragon chutney,  
herb crumb, served with a rocket & sundried tomato salad (v) (VGO) £15

**Mixed bean & giant cous cous salad**, in a lemon & mint dressing, topped with green  
beans & shallots (Vg) add feta (v) £16

**Wild mushroom, rocket & parmesan linguini**, in a garlic & white wine creamy sauce (v) £16.50

**Indian spiced halloumi burger**, mango chutney, spinach & tzatziki, with skinny fries (v) (GFO) £17.50

**Kilhorne Bay wholetail scampi**, garden peas, skinny fries, homemade tartare sauce £16.50

**Tuna niçoise**, grilled tuna steak, spinach & rocket salad, green beans, olives, marinated anchovies,  
capers, sun blushed tomatoes, new potatoes & a boiled egg (GF) £18

**Pan seared lambs liver**, crispy bacon, wholegrain mustard mash, seasonal vegetables & onion gravy (GF) £17

**Grilled lamb chops**, roasted new potatoes, seasonal vegetables & minted gravy (GF) £18.50

**Caesar salad**, chargrilled chicken breast, anchovies, crispy Romaine lettuce, Caesar dressing,  
parmesan shavings & garlic croutons (GFO) £18

**Chicken schnitzel**, garlic & parsley butter, green salad, lemon & chilli sauteed potatoes £18

**Homecooked honey roasted ham**, fried eggs, chunky chips & salad (GF) £16.50

**Beef burger**, back bacon, Monterey Jack cheese, crispy lettuce, tomato,  
red onion, coleslaw, skinny fries (GFO) £17.50

## Sides

**Chips (v) (GF) £4 Skinny fries (Vg) (GF) £4 Cheesy chips (v) (GF) £5**

**Garlic ciabatta (v) £5 Garlic ciabatta & cheese (v) £6**

## Desserts £8.50

**Mango & passionfruit cheesecake**, lemon sorbet (v)

**Sticky toffee pudding**, toffee sauce, double cream (v)

**Strawberry & berries Eton mess**, (v)

**Chocolate brownie**, vanilla ice cream (v) (GF)

**Apple & cinnamon crumble**, custard (v)

**Cheese board:** Home smoked Cheddar, Blue Stilton, French brie, quince jelly & crackers (v) £11

### Downsview Farm Sussex ice cream £3 a scoop

Vanilla (v) (VgO), chocolate (v) (VgO), strawberry (v), Stollen (v), honeycomb (v)

Wild berry ice cream (Vg); lemon sorbet (Vg), blackberry sorbet (Vg)

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